

	12oz	16oz	20oz
Café Americano	3.75	4.25	6.50
	10 cals	15 cals	25 cals
Cappuccino	4.50	5.00	7.50
	90 cals	120 cals	150 cals
Café Latte	4.50	5.00	7.50
	150 cals	190 cals	230 cals
Café Mocha	4.50	5.00	7.50
	230 cals	290 cals	350 cals
Caramel Macchiato	4.50	5.00	7.50
	190 cals	250 cals	310 cals
Cold Brew	4.50	5.00	5.50
	5 cals	5 cals	5 cals
Masala Chai Latte	4.50	5.00	5.50
	210 cals	230 cals	250 cals
Drip Coffee	3.50	4.00	4.50
Atomic House Blend Diesel Dark Roast	0 cals	0 cals	0 cals

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Coffee nutrition information based on products using 2% milk.

Food prepared in a facility that handles egg, milk, wheat, soy, shellfish, fish, peanuts, tree nuts, and other potential allergens.

CANTEEN

7/28 - 8/1

Panini/Deli

Chicken Pesto Panini 10

Herb Roasted Chicken, Fresh Mozzarella, Herb Roasted Tomato Basil Pesto, Balsamic Glaze

Veggie Crunch 9

Arugula, Cucumber, Carrot, Pickled Onion, Heirloom Tomato, Tzatziki Sauce

Harvest Ham 10

Black Forest Ham, Cranberry Apple Chutney, Provolone, Arugula

Salad/Grain Bowls

Panzanella 10

Mixed Greens, Cucumber, Heirloom Tomato, Red Onion, Carrot, Piquillo pepper, House Croutons

Apple Salad 10

Mixed Greens, Arugula, Apple, Craisin Grapes, Blue Cheese Crumble Strawberries, Sunflower Seed

Kale Superfood Salad 13

Baby Kale, Herb Roasted Chicken Quinoa, Cucumber, Heirloom Tomato Red Onion, Beet, Avocado, Sunflower Seed, Craisins, Goat Cheese

Farro Arugula Salad 10

Arugula, Farro, Heirloom Cherry Tomato, Pickled Red Onion, Banana Pepper, Avocado, Goat Cheese

Smoothies

Build Your Own

A variety of options to create your own custom smoothie see our menu display for details

House Specialty Smoothies

Canteen Cooler 6.50

Peach, Banana, Strawberry, Coconut Oat Milk

Green Monster 6.50

Cucumber, Pineapple, Kale, Banana Honey, Oat Milk

Acai Purple Immunity 6.50

Acai, Banana, Pineapple, Orange Juice, Ginger, Agave

Flatbread

- Margherita 12
 Fresh Mozzarella, Tomato, Basil Pesto
- Pepperoni 14

Roasted Tomato Puree, Fresh Mozzarella, Pepperoni

• BBQ Chicken 15

BBQ Sauce, BBQ Roasted Chicken Caramelized Onion, Bacon Mozzarella, Cheddar Cheese

Soup

Chicken Vegetable Orzo 5



	12oz	16oz	20oz
Café Americano	3.75	4.25	6.50
	10 cals	15 cals	25 cals
Cappuccino	4.50	5.00	7.50
	90 cals	120 cals	150 cals
Café Latte	4.50	5.00	7.50
	150 cals	190 cals	230 cals
Café Mocha	4.50	5.00	7.50
	230 cals	290 cals	350 cals
Caramel Macchiato	4.50	5.00	7.50
	190 cals	250 cals	310 cals
Cold Brew	4.50	5.00	5.50
	5 cals	5 cals	5 cals
Masala Chai Latte	4.50	5.00	5.50
	210 cals	230 cals	250 cals
Drip Coffee	3.50	4.00	4.50
Atomic House Blend Diesel Dark Roast	0 cals	0 cals	0 cals

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CANTEEN

8/4 - 8/8

Panini/Deli

Chicken Bahn Mi 10

Teriyaki Chicken, Pickled Carrot Pickled Cucumber, Pickled Red Onion Cilantro, Sriracha Aioli

Roasted Butternut Panini 9

Roasted Butternut Squash, Arugula Pickled Red Onion, Goat Cheese Piquillo Pepper, Dijonnaise

Smoked Turkey Club 10

Smoked Turkey, Bacon, Cheddar Lettuce, Herb Roasted Tomato Aioli

Salad/Grain Bowls

Teriyaki Chicken Poke Bowl 13

Mixed Green, Teriyaki Chicken, Farro Pickled Red Onion, Cucumber Carrot, Pineapple, Sesame Seed Toasted Edamame, Sriracha Aioli

Harvest Bowl 12

Mixed Greens, Roasted Butternut Bacon, Apple, Craisin, Grapes, Red Onion, Sunflower Seed, Goat Cheese

Chickpea Salad 11

Mixed Greens, Herb Roasted Tofu Cucumber, Chickpea, Red Onion Heirloom Tomato, Avocado, Roasted Corn

Caprese Salad 10

Mixed Green, Sliced Tomato, Red Onion, Cucumber, Fresh Mozzarella Basil, Balsamic Glaze

Smoothies

Build Your Own

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House Specialty Smoothies

Canteen Cooler 6.50

Peach, Banana, Strawberry, Coconut Oat Milk

Green Monster 6.50

Cucumber, Pineapple, Kale, Banana Honey, Oat Milk

Acai Purple Immunity 6.50

Acai, Banana, Pineapple, Orange Juice, Ginger, Agave

Flatbread

- Margherita 12
 Fresh Mozzarella, Tomato, Basil Pesto
- Pepperoni 14

Roasted Tomato Puree, Fresh Mozzarella, Pepperoni

• BBQ Chicken 15

BBQ Sauce, BBQ Roasted Chicken Caramelized Onion, Bacon Mozzarella, Cheddar Cheese

Soup

Tomato Bisque 5



	12oz	16oz	20oz
Café Americano	3.75	4.25	6.50
	10 cals	15 cals	25 cals
Cappuccino	4.50	5.00	7.50
	90 cals	120 cals	150 cals
Café Latte	4.50	5.00	7.50
	150 cals	190 cals	230 cals
Café Mocha	4.50	5.00	7.50
	230 cals	290 cals	350 cals
Caramel Macchiato	4.50	5.00	7.50
	190 cals	250 cals	310 cals
Cold Brew	4.50	5.00	5.50
	5 cals	5 cals	5 cals
Masala Chai Latte	4.50	5.00	5.50
	210 cals	230 cals	250 cals
Drip Coffee	3.50	4.00	4.50
Atomic House Blend Diesel Dark Roast	0 cals	0 cals	0 cals

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CANTEEN

8/11 – 8/15

Panini/Deli

Buffalo Chicken Panini 10

Buffalo Chicken, Pepperjack, Lettuce Herb Roasted Tomato, Buffalo Ranch

Caprese 9

Fresh Mozzarella, Herb Roasted Tomato, Basil Pesto, Arugula, Balsamic Glaze

Meatball Panini 10

House Meatballs, House Marinara Provolone

Salad/Grain Bowls

Southwest Chicken Quinoa 13

Southwest Chicken, Mixed Green Quinoa, Roasted Corn, Cucumber Heirloom Tomato, Avocado, Red Onion

Blueberry Spinach Salad 10

Baby Spinach, Blueberries, Goat Cheese, Cucumber, Sunflower Seed Quinoa, Honey Balsamic Glaze

Harissa Roasted Cauliflower 10

Mixed Greens, Roasted Cauliflower Farro, Cabbage, Cucumber Avocado, Garlic Herb Tehina

Apple Salad 10

Arugula, Mixed Green, Apple, Craisins Grapes, Blue Cheese Crumble Strawberries, Sunflower Seed

Smoothies

Build Your Own

A variety of options to create your own custom smoothie see our menu display for details

House Specialty Smoothies

Canteen Cooler 6.50

Peach, Banana, Strawberry, Coconut Oat Milk

Green Monster 6.50

Cucumber, Pineapple, Kale, Banana Honey, Oat Milk

Acai Purple Immunity 6.50

Acai, Banana, Pineapple, Orange Juice, Ginger, Agave

Flatbread

- Margherita 12
 Fresh Mozzarella, Tomato, Basil Pesto
- Pepperoni 14

Roasted Tomato Puree, Fresh Mozzarella, Pepperoni

• Buffalo Chicken 14

Buffalo Chicken, Buffalo Sauce Arugula, Blue Cheese Crumble Pickled Carrot

Soup

• Butternut Bisque 5



	12oz	16oz	20oz
Café Americano	3.75	4.25	6.50
	10 cals	15 cals	25 cals
Cappuccino	4.50	5.00	7.50
	90 cals	120 cals	150 cals
Café Latte	4.50	5.00	7.50
	150 cals	190 cals	230 cals
Café Mocha	4.50	5.00	7.50
	230 cals	290 cals	350 cals
Caramel Macchiato	4.50	5.00	7.50
	190 cals	250 cals	310 cals
Cold Brew	4.50	5.00	5.50
	5 cals	5 cals	5 cals
Masala Chai Latte	4.50	5.00	5.50
	210 cals	230 cals	250 cals
Drip Coffee	3.50	4.00	4.50
Atomic House Blend Diesel Dark Roast	0 cals	0 cals	0 cals

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CANTEEN

8/18 - 8/22

Panini/Deli

Cape Cod Chicken Salad 10

Chicken, Craisins, Tarragon, Mayo Arugula

Roasted Vegetable Hummus 9

Balsamic Roasted Portobello, Piquillo Pepper, Roasted Zucchini, Summer Squash, Red Onion, Tomato, Feta Mixed Green, Hummus

BBQ Smoked Turkey 10

Smoked Turkey, Arugula, BBQ Sauce Caramelized Onion, Cheddar Bacon

Salad/Grain Bowls

Mediterranean 10

Mixed Greens, Zaatar Roasted Edamame, Cucumber, Heirloom Tomato, Red Onion, Kalamata Olive Banana Pepper Ring, Feta

Hummus Bowl 10

Mixed Greens, Red Onion, Cucumber Heirloom Tomato, Hummus, Kalamata Olive, Pepperoncini, Piquillo Pepper

Waldorf Salad 13

Mixed Green, Broccoli, Apples, Grapes, Craisins, Crumbled Blue Cheese, Sunflower seed, Black Forest Ham, Maple Dressing

Blackened Kale Caesar 13

Baby Kale, Blackened Chicken Shaved Parmesan, House Croutons

Smoothies

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House Specialty Smoothies

Canteen Cooler 6.50

Peach, Banana, Strawberry, Coconut Oat Milk

Green Monster 6.50

Cucumber, Pineapple, Kale, Banana Honey, Oat Milk

Acai Purple Immunity 6.50

Acai, Banana, Pineapple, Orange Juice, Ginger, Agave

Flatbread

- Margherita 12
 Fresh Mozzarella, Tomato, Basil Pesto
- Pepperoni 14

Roasted Tomato Puree, Fresh Mozzarella, Pepperoni

• B.A.T. 15

Bacon, Arugula, Fresh Mozzarella Herb Roasted Tomato, Garlic Oil

Soup

Vegetable Orzo 5



	12oz	16oz	20oz
Café Americano	3.75	4.25	6.50
	10 cals	15 cals	25 cals
Cappuccino	4.50	5.00	7.50
	90 cals	120 cals	150 cals
Café Latte	4.50	5.00	7.50
	150 cals	190 cals	230 cals
Café Mocha	4.50	5.00	7.50
	230 cals	290 cals	350 cals
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	5 cals	5 cals	5 cals
Masala Chai Latte	4.50	5.00	5.50
	210 cals	230 cals	250 cals
Drip Coffee	3.50	4.00	4.50
Atomic House Blend Diesel Dark Roast	0 cals	0 cals	0 cals

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CANTEEN

8/25 – 8/29

Panini/Deli

Chicken Tzatziki 10

Herb Roasted Chicken, Cucumber Roasted Tomato, Avocado, Mixed Green, Tzatziki Sauce

Veggie Crunch 9

Arugula, Cucumber, Carrot, Pickled Onion, Heirloom Tomato, Tzatziki Sauce

Harvest Ham 10

Black Forest Ham, Cranberry Apple Chutney, Provolone, Arugula

Salad/Grain Bowls

Panzanella 10

Mixed Greens, Cucumber, Heirloom Tomato, Red Onion, Carrot, Piquillo pepper, House Croutons

Asian Salad 11

Mixed Greens, Napa Cabage, Pickled Onion, Cilantro, Edamame, Piquillo Pepper, Carrot, Teriyaki Tofu, Sesame Seed

Buffalo Chicken 13

Mixed Greens, Roasted Buffalo Chicken, Heirloom Tomato, Carrot Cucumber, Red Onion, Blue Cheese Crumble

Harvest Bowl 12

Mixed Green, Roasted Butternut, Red Onion, Apple, Bacon, Goat Cheese Sunflower seed, Craisins, Grape

Smoothies

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House Specialty Smoothies

Canteen Cooler 6.50

Peach, Banana, Strawberry, Coconut Oat Milk

Green Monster 6.50

Cucumber, Pineapple, Kale, Banana Honey, Oat Milk

Acai Purple Immunity 6.50

Acai, Banana, Pineapple, Orange Juice, Ginger, Agave

Flatbread

- Margherita 12
 Fresh Mozzarella, Tomato, Basil Pesto
- Pepperoni 14

Roasted Tomato Puree, Fresh Mozzarella, Pepperoni

• BBQ Chicken 15

BBQ Sauce, BBQ Roasted Chicken Caramelized Onion, Bacon Mozzarella, Cheddar Cheese

Soup

Tomato Bisque 5