

	12oz	16oz	20oz
Café Americano	3.75	4.25	6.50
	10 cals	15 cals	25 cals
Cappuccino	4.50	5.00	7.50
	90 cals	120 cals	150 cals
Café Latte	4.50	5.00	7.50
	150 cals	190 cals	230 cals
Café Mocha	4.50	5.00	7.50
	230 cals	290 cals	350 cals
Caramel Macchiato	4.50	5.00	7.50
	190 cals	250 cals	310 cals
Cold Brew	4.50	5.00	5.50
	5 cals	5 cals	5 cals
Masala Chai Latte	4.50	5.00	5.50
	210 cals	230 cals	250 cals
Drip Coffee	3.50	4.00	4.50
Atomic House Blend Diesel Dark Roast	0 cals	0 cals	0 cals

Before placing your order, please inform your server if a person in your party has a food allergy. Coffee nutrition information based on products using 2% milk.

Food prepared in a facility that handles egg, milk, wheat, soy, shellfish, fish, peanuts, tree nuts, and other potential allergens.

CANTEEN

9/1 - 9/5

Panini/Deli

Smoked Turkey Reuben 10

Smoked Turkey, Swiss, 1000 island Dressing, House Sauerkraut

Californian 9

Herb Roasted Tomato, Cucumber Arugula, Avocado, Hummus, Pickled Red Onion

Hawaiian Panini 10

Black Forest Ham, Bacon, Provolone Piquillo Pepper, Banana Pepper Caramelized Pineapple, Sweet Buffalo Sauce

Salad/Grain Bowls

Waldorf 13

Mixed Greens, Broccoli, Apples Grapes, Craisins, Crumbled Blue Cheese, Sunflower Seeds, Maple Dressing, Black Forest Ham

Farro Arugula Salad 10

Farro, Arugula, Heirloom Cherry Tomato, Pickled Red Onion, Avocado Banana Pepper, Goat Cheese

Chef Salad 13

Mixed Greens, Heirloom Tomato Cucumber, Avocado, Ham, Turkey Cheddar, Banana Pepper, Red Onion

Mediterranean 10

Mixed Greens, Cucumber, Red Onion Heirloom Tomato, Zaatar Roasted Edamame, Kalamata Olive, Feta pepperoncini

Smoothies

Build Your Own

A variety of options to create your own custom smoothie see our menu display for details

House Specialty Smoothies

Canteen Cooler 6.50

Peach, Banana, Strawberry, Coconut Oat Milk

Green Monster 6.50

Cucumber, Pineapple, Kale, Banana Honey, Oat Milk

Acai Purple Immunity 6.50

Acai, Banana, Pineapple, Orange Juice, Ginger, Agave

Flatbread

- Margherita 12
 Fresh Mozzarella, Tomato, Basil Pesto
- Pepperoni 14

Roasted Tomato Puree, Fresh Mozzarella, Pepperoni

• Fall Flatbread 14

Fig Spread, Arugula, Butternut Squash, Goat Cheese, Craisin Sunflower Seed

Soup

• Broccoli Cheddar 5



	12oz	16oz	20oz
Café Americano	3.75	4.25	6.50
	10 cals	15 cals	25 cals
Cappuccino	4.50	5.00	7.50
	90 cals	120 cals	150 cals
Café Latte	4.50	5.00	7.50
	150 cals	190 cals	230 cals
Café Mocha	4.50	5.00	7.50
	230 cals	290 cals	350 cals
Caramel Macchiato	4.50	5.00	7.50
	190 cals	250 cals	310 cals
Cold Brew	4.50	5.00	5.50
	5 cals	5 cals	5 cals
Masala Chai Latte	4.50	5.00	5.50
	210 cals	230 cals	250 cals
Drip Coffee	3.50	4.00	4.50
Atomic House Blend Diesel Dark Roast	0 cals	0 cals	0 cals

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CANTEEN

9/8 - 9/12

Panini/Deli

Chicken Cordon Bleu 10

Fried Chicken, Ham, Swiss, Dijonnaise Pickled Onion, Arugula

Veggie Crunch 9

Arugula, Cucumber, Carrot, Pickled Onion, Heirloom Tomato, Tzatziki Sauce

Smoked Turkey Club 10

Smoked Turkey, Bacon, Cheddar Lettuce, Herb Roasted Tomato Aioli

Salad/Grain Bowls

Panzanella 10

Mixed Greens, Cucumber, Heirloom Tomato, Red Onion, Piquillo Pepper House Croutons

Cucumber Mandarin Orange 10

Arugula, Cucumber, Mandarin Orange, Avocado, Pickled Onion Goat Cheese

Chicken Caesar 13

Herb Roasted Chicken, Romaine Parmesan, House Croutons

Hummus Bowl 10

Mixed Greens, Red Onion, Cucumber Heirloom Cherry Tomato, Hummus Kalamata Olive, Pepperoncini, Piquillo Pepper

Smoothies

Build Your Own

A variety of options to create your own custom smoothie see our menu display for details

House Specialty Smoothies

Canteen Cooler 6.50

Peach, Banana, Strawberry, Coconut Oat Milk

Green Monster 6.50

Cucumber, Pineapple, Kale, Banana Honey, Oat Milk

Acai Purple Immunity 6.50

Acai, Banana, Pineapple, Orange Juice, Ginger, Agave

Flatbread

- Margherita 12
 Fresh Mozzarella, Tomato, Basil Pesto
- Pepperoni 14

Roasted Tomato Puree, Fresh Mozzarella, Pepperoni

Meatball 15

Meatball, House Tomato Sauce Fresh Mozzarella

Soup

Cheddar Broccoli 5



	12oz	16oz	20oz
Café Americano	3.75	4.25	6.50
	10 cals	15 cals	25 cals
Cappuccino	4.50	5.00	7.50
	90 cals	120 cals	150 cals
Café Latte	4.50	5.00	7.50
	150 cals	190 cals	230 cals
Café Mocha	4.50	5.00	7.50
	230 cals	290 cals	350 cals
Caramel Macchiato	4.50	5.00	7.50
	190 cals	250 cals	310 cals
Cold Brew	4.50	5.00	5.50
	5 cals	5 cals	5 cals
Masala Chai Latte	4.50	5.00	5.50
	210 cals	230 cals	250 cals
Drip Coffee	3.50	4.00	4.50
Atomic House Blend Diesel Dark Roast	0 cals	0 cals	0 cals

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CANTEEN

9/15 – 9/19

Panini/Deli

Jerk Chicken Panini 10

Jerk Chicken, Red Pepper Relish Pepperjack, Cole Slaw

Roasted Vegetable Focaccia 9

Roasted Portobello, Piquillo Pepper Red Onion, Arugula, Olive Tapenade Provolone

Hot Ham Panini 10

Black Forest Ham, Capicola, Chipotle Aioli, Herb Roasted Tomato, Banana Pepper Rings, Pepperjack, Mixed Green

Salad/Grain Bowls

Chicken Cobb 13

Herb Roasted Chicken, Mixed Greens, Hard Boiled Egg, Bacon Cucumber, Avocado, Heirloom Tomato, Blue Cheese Crumble

Chickpea Salad 11

Mixed Greens, Herb Roasted Tofu Chickpea, Cucumber, Cherry Tomato Red Onion, Roasted Corn, Avocado

Asian Salad 13

Napa Cabage, Mixed Green, Cilantro Edamame, Pickled Onion, Pickled Carrot, Piquillo Pepper, Teriyaki Tofu Sesame Seed

Harissa Roasted Cauliflower10

Mixed Green, Roasted Cauliflower Farro, Cabbage, Cucumber, Garlic Herb Tehina, Avocado

Smoothies

Build Your Own

A variety of options to create your own custom smoothie see our menu display for details

House Specialty Smoothies

Canteen Cooler 6.50

Peach, Banana, Strawberry, Coconut Oat Milk

Green Monster 6.50

Cucumber, Pineapple, Kale, Banana Honey, Oat Milk

Acai Purple Immunity 6.50

Acai, Banana, Pineapple, Orange Juice, Ginger, Agave

Flatbread

- Margherita 12
 Fresh Mozzarella, Tomato, Basil Pesto
- Pepperoni 14

Roasted Tomato Puree, Fresh Mozzarella, Pepperoni

Meatball Flatbread 14

House Made Meatballs
House Made Tomato Sauce
Fresh Mozzarella

Soup

Chicken Corn Chowder 5



	12oz	160z	20oz
Café Americano	3.75	4.25	6.50
	10 cals	15 cals	25 cals
Cappuccino	4.50	5.00	7.50
	90 cals	120 cals	150 cals
Café Latte	4.50	5.00	7.50
	150 cals	190 cals	230 cals
Café Mocha	4.50	5.00	7.50
	230 cals	290 cals	350 cals
Caramel Macchiato	4.50	5.00	7.50
	190 cals	250 cals	310 cals
Cold Brew	4.50	5.00	5.50
	5 cals	5 cals	5 cals
Masala Chai Latte	4.50	5.00	5.50
	010 a ala	230 cals	250 cals
	210 cals	250 Cdis	200 00
Drip Coffee	3.50	4.00	4.50

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CANTEEN

9/22 – 9/26

Panini/Deli

Southwest Chicken 10

Southwest Chicken, Bacon, Provolone Avocado, Lettuce, Ranch

Beetnut Panini 9

Roasted Butternut Squash, Roasted Beet, Arugula, Pickled Red Onion Goat Cheese, Fig Spread

Italian 10

Black Forest Ham, Capicolla Pepperoni, Provolone, Herb Roasted Tomato, Banana Pepper, Mixed Green

Salad/Grain Bowls

Israeli Mezze Grain Bowl 11

Mixed Greens, Zaatar Roasted Tofu Farro, Hummus, Cucumber, Red Onion, Heirloom Tomato

Greek 10

Romaine, Heirloom Tomato, Red Onion, Cucumber, Kalamata Olive Pepperoncini, Feta

Southwest Chicken Quinoa 13

Mixed Greens, Southwest Chicken Quinoa, Roasted Corn, Cucumber Heirloom Tomato, Red Onion Avocado

Chef Salad 13

Mixed Green, Cucumber, Heirloom Tomato, Avocado, Ham, Turkey Cheddar, Banana Pepper, Red Onion

Smoothies

Build Your Own

A variety of options to create your own custom smoothie see our menu display for details

House Specialty Smoothies

Canteen Cooler 6.50

Peach, Banana, Strawberry, Coconut Oat Milk

Green Monster 6.50

Cucumber, Pineapple, Kale, Banana Honey, Oat Milk

Acai Purple Immunity 6.50

Acai, Banana, Pineapple, Orange Juice, Ginger, Agave

Flatbread

- Margherita 12
 Fresh Mozzarella, Tomato, Basil Pesto
- Pepperoni 14

Roasted Tomato Puree, Fresh Mozzarella, Pepperoni

• BBQ Chicken 15

BBQ Sauce, BBQ Roasted Chicken Caramelized Onion, Bacon Mozzarella, Cheddar Cheese

Soup

Vegetable Orzo 5



	12oz	16oz	20oz
Café Americano	3.75	4.25	6.50
	10 cals	15 cals	25 cals
Cappuccino	4.50	5.00	7.50
	90 cals	120 cals	150 cals
Café Latte	4.50	5.00	7.50
	150 cals	190 cals	230 cals
Café Mocha	4.50	5.00	7.50
	230 cals	290 cals	350 cals
Caramel Macchiato	4.50	5.00	7.50
	190 cals	250 cals	310 cals
Cold Brew	4.50	5.00	5.50
	5 cals	5 cals	5 cals
Masala Chai Latte	4.50	5.00	5.50
	210 cals	230 cals	250 cals
Drip Coffee	3.50	4.00	4.50
Atomic House Blend Diesel Dark Roast	0 cals	0 cals	0 cals

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CANTEEN

9/29 - 10/3

Panini/Deli

Cape Cod Chicken Salad 10

Chicken, Mayo, Craisins, Tarragon salt, Pepper, Arugula

Veggie Crunch 9

Arugula, Cucumber, Carrot, Pickled Onion, Heirloom Tomato, Tzatziki Sauce

B.L.A.T. 10

Smoked Turkey, Bacon, Cheddar Mixed Green, Tomato, Avocado Chipotle Aioli

Salad/Grain Bowls

Blueberry Spinach Salad 10

Baby Spinach, Blueberries, Goat Cheese, Cucumber, Quinoa Sunflower seed, Honey Balsamic Glaze

Apple Salad 10

Arugula, Mixed Green, Apple, Craisins Grapes, Blue Cheese Crumble Sunflower seed, Strawberries

Buffalo Chicken 13

Mixed Greens, Roasted Buffalo Chicken, Heirloom Tomato, Carrot Cucumber, Red Onion, Blue Cheese Crumble

Harvest Bowl 12

Mixed Green, Roasted Butternut, Red Onion, Apple, Bacon, Goat Cheese Sunflower seed, Craisins, Grape

Smoothies

Build Your Own

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House Specialty Smoothies

Canteen Cooler 6.50

Peach, Banana, Strawberry, Coconut Oat Milk

Green Monster 6.50

Cucumber, Pineapple, Kale, Banana Honey, Oat Milk

Acai Purple Immunity 6.50

Acai, Banana, Pineapple, Orange Juice, Ginger, Agave

Flatbread

- Margherita 12
 Fresh Mozzarella, Tomato, Basil Pesto
- Pepperoni 14

Roasted Tomato Puree, Fresh Mozzarella, Pepperoni

• BBQ Chicken 15

BBQ Sauce, BBQ Roasted Chicken Caramelized Onion, Bacon Mozzarella, Cheddar Cheese

Soup

Tomato Bisque 5