

	12oz	16oz	20oz
Café Americano	3.75	4.25	6.50
	10 cals	15 cals	25 cals
Cappuccino	4.50	5.00	7.50
	90 cals	120 cals	150 cals
Café Latte	4.50	5.00	7.50
	150 cals	190 cals	230 cals
Café Mocha	4.50	5.00	7.50
	230 cals	290 cals	350 cals
Caramel Macchiato	4.50	5.00	7.50
	190 cals	250 cals	310 cals
Cold Brew	4.50	5.00	5.50
	5 cals	5 cals	5 cals
Masala Chai Latte	4.50	5.00	5.50
	210 cals	230 cals	250 cals
Drip Coffee	3.50	4.00	4.50
Atomic House Blend Diesel Dark Roast	0 cals	0 cals	0 cals

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Food prepared in a facility that handles egg, milk, wheat, soy, shellfish, fish, peanuts, tree nuts, and other potential allergens.

CANTEEN

6/30 - 7/4

Panini/Deli

Pesto Chicken Panini 10

Herb Roasted Chicken, Fresh Mozzarella, Herb Roasted Tomato Basil Pesto, Balsamic Glaze

Roasted Balsamic Eggplant 9

Roasted Eggplant, Roasted Portobello Herb Roasted Tomato, Mozzarella Pesto, Balsamic Glaze

Hot Ham Panini 10

Black Forest Ham, Capicolla, Chipotle Aioli, Herb Roasted Tomato, Mixed Green, Pepperjack

Salad/Grain Bowls

Chicken Caesar 13

Romaine, House Croutons, Herb Roasted Chicken

Apple Salad 10

Mixed Greens, Arugula, Apple, Craisin Grapes, Blue Cheese Crumble Strawberries, Sunflower Seed

Turkey Cobb 13

Mixed Greens, Tomato, Cucumber Avocado, Blue Cheese Crumble Smoked Turkey, Bacon Hard Boiled Egg

Greek Salad 10

Romaine, Cherry Tomato, Cucumber Kalamata Olive, Red Onion, Feta pepperoncini

Smoothies

Build Your Own

A variety of options to create your own custom smoothie see our menu display for details

House Specialty Smoothies

Canteen Cooler 6.50

Peach, Banana, Strawberry, Coconut Oat Milk

Green Monster 6.50

Cucumber, Pineapple, Kale, Banana Honey, Oat Milk

Acai Purple Immunity 6.50

Acai, Banana, Pineapple, Orange Juice, Ginger, Agave

Flatbread

- Margherita 12
 Fresh Mozzarella, Tomato, Basil Pesto
- Pepperoni 14

Roasted Tomato Puree, Fresh Mozzarella, Pepperoni

• Buffalo Chicken 14

Roasted Buffalo Chicken, Mozzarella Buffalo Sauce

Soup

• Butternut 5



	12oz	16oz	20oz
Café Americano	3.75	4.25	6.50
	10 cals	15 cals	25 cals
Cappuccino	4.50	5.00	7.50
	90 cals	120 cals	150 cals
Café Latte	4.50	5.00	7.50
	150 cals	190 cals	230 cals
Café Mocha	4.50	5.00	7.50
	230 cals	290 cals	350 cals
Caramel Macchiato	4.50	5.00	7.50
	190 cals	250 cals	310 cals
Cold Brew	4.50	5.00	5.50
	5 cals	5 cals	5 cals
Masala Chai Latte	4.50	5.00	5.50
	210 cals	230 cals	250 cals
Drip Coffee	3.50	4.00	4.50
Atomic House Blend Diesel Dark Roast	0 cals	0 cals	0 cals

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CANTEEN

7/7 - 7/11

Panini/Deli

Southwest Chicken Bacon Ranch 11

Southwest Chicken, Bacon, Provolone Avocado, Mixed Greens, Ranch

Roasted Butternut Panini 9

Roasted Butternut, Roasted Beet Pickled Red Onion, Arugula, Fig Spread, Goat Cheese

Italian 10

Black Forest Ham, Salami, Pepperoni Capicola, Provolone, Mixed Greens Banana pepper Rings, Herb Roasted Tomato

Salad/Grain Bowls

Buffalo Chicken Salad13

Mixed Greens, Roasted Buffalo Chicken, Heirloom Cherry Tomato Cucumber, Carrot, Red Onion, Blue Cheese Crumble

Hummus Bowl 10

Mixed Greens, Red Onion, Cucumber Heirloom Tomato, Hummus, Kalamata Olive, Pepperoncini, Piquillo Pepper

Panzanella 10

Mixed Greens, Cucumber, Heirloom Cherry Tomato, Red Onion, Carrot Piquillo Pepper, House Croutons

Caprese Salad 10

Mixed Greens, Cucumber, Red Onion Sliced Tomato, Fresh Mozzarella Balsamic Glaze

Smoothies

Build Your Own

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House Specialty Smoothies

Canteen Cooler 6.50

Peach, Banana, Strawberry, Coconut Oat Milk

Green Monster 6.50

Cucumber, Pineapple, Kale, Banana Honey, Oat Milk

Acai Purple Immunity 6.50

Acai, Banana, Pineapple, Orange Juice, Ginger, Agave

Flatbread

- Margherita 12
 Fresh Mozzarella, Tomato, Basil Pesto
- Pepperoni 14

Roasted Tomato Puree, Fresh Mozzarella, Pepperoni

Meatball 14

House Meatballs, House made Tomato Sauce, Mozzarella

Soup

Chicken Veg Noodle 5



	12oz	16oz	20oz
Café Americano	3.75	4.25	6.50
	10 cals	15 cals	25 cals
Cappuccino	4.50	5.00	7.50
	90 cals	120 cals	150 cals
Café Latte	4.50	5.00	7.50
	150 cals	190 cals	230 cals
Café Mocha	4.50	5.00	7.50
	230 cals	290 cals	350 cals
Caramel Macchiato	4.50	5.00	7.50
	190 cals	250 cals	310 cals
Cold Brew	4.50	5.00	5.50
	5 cals	5 cals	5 cals
Masala Chai Latte	4.50	5.00	5.50
	210 cals	230 cals	250 cals
Drip Coffee	3.50	4.00	4.50
Atomic House Blend Diesel Dark Roast	0 cals	0 cals	0 cals

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CANTEEN

7/14 - 7/18

Panini/Deli

Corned Beef Reuben 10

Corned Beef, House Sauerkraut Thousand Island, Swiss

Balsamic Roasted Eggplant 9

Roasted Eggplant, Piquillo Pepper Red Onion, Olive Tapenade, Pesto Arugula

Meatball Panini 10

House Meatballs, House Marinara Provolone

Salad/Grain Bowls

Chicken Ceasar 13

Romaine Lettuce, Shaved Parmesan, Herb Roasted Chicken House Croutons

Cucumber Clementine 10

Arugula, Cucumber, Clementine Avocado, Pickled Onion, Goat Cheese, Sunflower Seed

Chef Salad 13

Mixed Greens, Heirloom Tomato Cucumber, Avocado, Smoked Turkey Ham, Banana Pepper Rings, Red Onion

Harvest Bowl 11

Mixed Greens, Roasted Butternut Apple, Bacon, Red Onion, Craisins Grapes, Goat Cheese, Sunflower Seed

Smoothies

Build Your Own

A variety of options to create your own custom smoothie see our menu display for details

House Specialty Smoothies

Canteen Cooler 6.50

Peach, Banana, Strawberry, Coconut Oat Milk

Green Monster 6.50

Cucumber, Pineapple, Kale, Banana Honey, Oat Milk

Acai Purple Immunity 6.50

Acai, Banana, Pineapple, Orange Juice, Ginger, Agave

Flatbread

- Margherita 12
 Fresh Mozzarella, Tomato, Basil Pesto
- Pepperoni 14

Roasted Tomato Puree, Fresh Mozzarella, Pepperoni

Meatball Flatbread 14

House Made Meatballs House Made Tomato Sauce Fresh Mozzarella

Soup

Chicken Vegetable 5



	12oz	16oz	20oz
Café Americano	3.75	4.25	6.50
	10 cals	15 cals	25 cals
Cappuccino	4.50	5.00	7.50
	90 cals	120 cals	150 cals
Café Latte	4.50	5.00	7.50
	150 cals	190 cals	230 cals
Café Mocha	4.50	5.00	7.50
	230 cals	290 cals	350 cals
Caramel Macchiato	4.50	5.00	7.50
	190 cals	250 cals	310 cals
Cold Brew	4.50	5.00	5.50
	5 cals	5 cals	5 cals
Masala Chai Latte	4.50	5.00	5.50
	210 cals	230 cals	250 cals
Drip Coffee	3.50	4.00	4.50
Atomic House Blend Diesel Dark Roast	0 cals	0 cals	0 cals

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CANTEEN

7/21 – 7/25

Panini/Deli

Jerk Chicken Panini 10

Jerk Chicken, Red Pepper Relish Pepperjack, Cole Slaw

Roasted Vegetable Focaccia 9

Roasted Portobello, Piquillo Pepper Red Onion, Arugula, Olive Tapenade Provolone

Hawaiian Panini 10

Black Forest Ham, Bacon, Provolone Piquillo Pepper, Banana Pepper Caramelized Pineapple, Sweet Buffalo

Salad/Grain Bowls

Southwest Chicken Quinoa 13

Southwest Roasted Chicken, Mixed Greens, Quinoa, Roasted Corn Cucumber, Avocado, Red Onion Heirloom Tomato

Chickpea Salad 10

Mixed Greens, Herb Roasted Tofu Chickpea, Cucumber, Cherry Tomato Red Onion, Roasted Corn, Avocado

Asian Salad 13

Bok Choy, Mixed Green, Cilantro Edamame, Pickled Onion, Pickled Carrot, Piquillo Pepper, Teriyaki Tofu Sesame Seed

Greek10

Romaine, Cucumber, Red Onion Heirloom Cherry Tomato, Kalamata Olive, Pepperoncini, Feta

Smoothies

Build Your Own

A variety of options to create your own custom smoothie see our menu display for details

House Specialty Smoothies

Canteen Cooler 6.50

Peach, Banana, Strawberry, Coconut Oat Milk

Green Monster 6.50

Cucumber, Pineapple, Kale, Banana Honey, Oat Milk

Acai Purple Immunity 6.50

Acai, Banana, Pineapple, Orange Juice, Ginger, Agave

Flatbread

- Margherita 12
 Fresh Mozzarella, Tomato, Basil Pesto
- Pepperoni 14

Roasted Tomato Puree, Fresh Mozzarella, Pepperoni

Meatball Flatbread 14

House Made Meatballs
House Made Tomato Sauce
Fresh Mozzarella

Soup

Chicken Corn Chowder 5



	12oz	16oz	20oz
Café Americano	3.75	4.25	6.50
	10 cals	15 cals	25 cals
Cappuccino	4.50	5.00	7.50
	90 cals	120 cals	150 cals
Café Latte	4.50	5.00	7.50
	150 cals	190 cals	230 cals
Café Mocha	4.50	5.00	7.50
	230 cals	290 cals	350 cals
Caramel Macchiato	4.50	5.00	7.50
	190 cals	250 cals	310 cals
Cold Brew	4.50	5.00	5.50
	5 cals	5 cals	5 cals
Masala Chai Latte	4.50	5.00	5.50
	210 cals	230 cals	250 cals
Drip Coffee	3.50	4.00	4.50
Atomic House Blend Diesel Dark Roast	0 cals	0 cals	0 cals

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CANTEEN

7/28 - 8/1

Panini/Deli

Chicken Pesto Panini 10

Herb Roasted Chicken, Fresh Mozzarella, Herb Roasted Tomato Basil Pesto, Balsamic Glaze

Veggie Crunch 9

Arugula, Cucumber, Carrot, Pickled Onion, Heirloom Tomato, Tzatziki Sauce

Harvest Ham 10

Black Forest Ham, Cranberry Apple Chutney, Provolone, Arugula

Salad/Grain Bowls

Panzanella 10

Mixed Greens, Cucumber, Heirloom Tomato, Red Onion, Carrot, Piquillo pepper, House Croutons

Apple Salad 10

Mixed Greens, Arugula, Apple, Craisin Grapes, Blue Cheese Crumble Strawberries, Sunflower Seed

Kale Superfood Salad 13

Baby Kale, Herb Roasted Chicken Quinoa, Cucumber, Heirloom Tomato Red Onion, Beet, Avocado, Sunflower Seed, Craisins, Goat Cheese

Farro Arugula Salad 10

Arugula, Farro, Heirloom Cherry Tomato, Pickled Red Onion, Banana Pepper, Avocado, Goat Cheese

Smoothies

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House Specialty Smoothies

Canteen Cooler 6.50

Peach, Banana, Strawberry, Coconut Oat Milk

Green Monster 6.50

Cucumber, Pineapple, Kale, Banana Honey, Oat Milk

Acai Purple Immunity 6.50

Acai, Banana, Pineapple, Orange Juice, Ginger, Agave

Flatbread

- Margherita 12
 Fresh Mozzarella, Tomato, Basil Pesto
- Pepperoni 14

Roasted Tomato Puree, Fresh Mozzarella, Pepperoni

• BBQ Chicken 15

BBQ Sauce, BBQ Roasted Chicken Caramelized Onion, Bacon Mozzarella, Cheddar Cheese

Soup

Chicken Vegetable Orzo 5