

	12oz	16oz	20oz
Café Americano	3.75	4.25	6.50
	10 cals	15 cals	25 cals
Cappuccino	4.50	5.00	7.50
	90 cals	120 cals	150 cals
Café Latte	4.50	5.00	7.50
	150 cals	190 cals	230 cals
Café Mocha	4.50	5.00	7.50
	230 cals	290 cals	350 cals
Caramel Macchiato	4.50	5.00	7.50
	190 cals	250 cals	310 cals
Cold Brew	4.50	5.00	5.50
	5 cals	5 cals	5 cals
Masala Chai Latte	4.50	5.00	5.50
	210 cals	230 cals	250 cals
Drip Coffee	3.50	4.00	4.50
Atomic House Blend Diesel Dark Roast	0 cals	0 cals	0 cals

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Food prepared in a facility that handles egg, milk, wheat, soy, shellfish, fish, peanuts, tree nuts, and other potential allergens.

# CANTEEN

6/2 - 6/6

#### Panini/Deli

#### Chicken Tzatziki 10

Herb Roasted Chicken Cucumber Roasted Tomato, Avocado, Mixed Green, Tzatziki Sauce

#### Veggie Crunch 9

Arugula, Cucumber, Carrot, Pickled Onion, Heirloom Tomato, Tzatziki Sauce

#### Harvest Ham 10

Black Forest Ham, Cranberry Apple Chutney, Provolone, Arugula

#### Salad/Grain Bowls

#### Panzanella 10

Mixed Greens, Cucumber, Heirloom Tomato, Red Onion, Carrot, Piquillo pepper, House Croutons

#### Apple Salad 10

Mixed Greens, Arugula, Apple, Craisin Grapes, Blue Cheese Crumble Strawberries, Sunflower Seed

#### **Buffalo Chicken 13**

Mixed Greens, Roasted Buffalo Chicken, Heirloom Tomato, Carrot Cucumber, Red Onion, Blue Cheese Crumble

#### Harvest Bowl 12

Mixed Green, Roasted Butternut, Red Onion, Apple, Bacon, Goat Cheese Sunflower seed, Craisins, Grape

#### **Smoothies**

**Build Your Own** 

A variety of options to create your own custom smoothie see our menu display for details

#### **House Specialty Smoothies**

#### Canteen Cooler 6.50

Peach, Banana, Strawberry, Coconut Oat Milk

#### Green Monster 6.50

Cucumber, Pineapple, Kale, Banana Honey, Oat Milk

#### Acai Purple Immunity 6.50

Acai, Banana, Pineapple, Orange Juice, Ginger, Agave

#### **Flatbread**

- Margherita 12
   Fresh Mozzarella, Tomato, Basil Pesto
- Pepperoni 14

Roasted Tomato Puree, Fresh Mozzarella, Pepperoni

• BBQ Chicken 15

BBQ Sauce, BBQ Roasted Chicken Caramelized Onion, Bacon Mozzarella, Cheddar Cheese

#### Soup

Vegetable Orzo 5



	12oz	16oz	20oz
Café Americano	3.75	4.25	6.50
	10 cals	15 cals	25 cals
Cappuccino	4.50	5.00	7.50
	90 cals	120 cals	150 cals
Café Latte	4.50	5.00	7.50
	150 cals	190 cals	230 cals
Café Mocha	4.50	5.00	7.50
	230 cals	290 cals	350 cals
Caramel Macchiato	4.50	5.00	7.50
	190 cals	250 cals	310 cals
Cold Brew	4.50	5.00	5.50
	5 cals	5 cals	5 cals
Masala Chai Latte	4.50	5.00	5.50
	210 cals	230 cals	250 cals
Drip Coffee	3.50	4.00	4.50
Atomic House Blend Diesel Dark Roast	0 cals	0 cals	0 cals

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# CANTEEN

6/9 - 6/13

#### Panini/Deli

#### Chicken Cordon Bleu 10

Fried Chicken, Ham, Swiss, Arugula Pickled Onion, Dijonnaise

#### Roasted Vegetable Hummus 9

Balsamic Roasted Portobello, Piquillo Pepper, Roasted Corn, Red Onion Butternut, Herb Roasted Tomato, Feta Hummus, Mixed Green

#### **Detroit Corned Beef 10**

Corned Beef, Dijonnaise, Pepper Jack Arugula, Pickled Onion, House Pickles

#### Salad/Grain Bowls

#### Israeli Mezze Grain Bowl 11

Mixed Greens, Zaatar Roasted Tofu Farro, Hummus, Cucumber, Heirloom Cherry Tomato, Red Onion

#### **Hummus Bowl 10**

Mixed Greens, Red Onion, Cucumber Heirloom Tomato, Hummus, Kalamata Olive, Pepperoncini, Piquillo Pepper

#### **Turkey Cobb 13**

Mixed Greens, Tomato, Cucumber Avocado, Blue Cheese Crumble Smoked Turkey, Bacon Hard Boiled Egg

#### **Greek Salad 10**

Romaine, Cherry Tomato, Cucumber Kalamata Olive, Red Onion, Feta pepperoncini

#### **Smoothies**

**Build Your Own** 

A variety of options to create your own custom smoothie see our menu display for details

#### **House Specialty Smoothies**

#### Canteen Cooler 6.50

Peach, Banana, Strawberry, Coconut Oat Milk

#### Green Monster 6.50

Cucumber, Pineapple, Kale, Banana Honey, Oat Milk

#### Acai Purple Immunity 6.50

Acai, Banana, Pineapple, Orange Juice, Ginger, Agave

#### **Flatbread**

- Margherita 12
   Fresh Mozzarella, Tomato, Basil Pesto
- Pepperoni 14

Roasted Tomato Puree, Fresh Mozzarella, Pepperoni

Meatball 14

House Meatball, Mozzarella, House Red Sauce

#### Soup

• Butternut 5



	12oz	16oz	20oz
Café Americano	3.75	4.25	6.50
	10 cals	15 cals	25 cals
Cappuccino	4.50	5.00	7.50
	90 cals	120 cals	150 cals
Café Latte	4.50	5.00	7.50
	150 cals	190 cals	230 cals
Café Mocha	4.50	5.00	7.50
	230 cals	290 cals	350 cals
Caramel Macchiato	4.50	5.00	7.50
	190 cals	250 cals	310 cals
Cold Brew	4.50	5.00	5.50
	5 cals	5 cals	5 cals
Masala Chai Latte	4.50	5.00	5.50
	210 cals	230 cals	250 cals
Drip Coffee	3.50	4.00	4.50
Atomic House Blend Diesel Dark Roast	0 cals	0 cals	0 cals

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# CANTEEN

## 6/16 - 6/20

#### Panini/Deli

#### Jerk Chicken Panini 10

Jerk Chicken, Red Pepper Relish Pepperjack, Cole Slaw

#### Roasted Vegetable Focaccia 9

Roasted Portobello, Piquillo Pepper Red Onion, Arugula, Olive Tapenade Provolone

#### Hawaiian Panini 10

Black Forest Ham, Bacon, Provolone Piquillo Pepper, Banana Pepper Caramelized Pineapple, Sweet Buffalo

#### Salad/Grain Bowls

#### Southwest Chicken Quinoa 13

Southwest Roasted Chicken, Mixed Greens, Quinoa, Roasted Corn Cucumber, Avocado, Red Onion Heirloom Tomato

#### Chickpea Salad 10

Mixed Greens, Herb Roasted Tofu Chickpea, Cucumber, Cherry Tomato Red Onion, Roasted Corn, Avocado

#### **Asian Salad 13**

Bok Choy, Mixed Green, Cilantro Edamame, Pickled Onion, Pickled Carrot, Piquillo Pepper, Teriyaki Tofu Sesame Seed

#### Harissa Roasted Cauliflower10

Mixed Green, Roasted Cauliflower Farro, Cabbage, Cucumber, Garlic Herb Tehina, Avocado

#### **Smoothies**

Build Your Own

A variety of options to create your own custom smoothie see our menu display for details

#### **House Specialty Smoothies**

#### Canteen Cooler 6.50

Peach, Banana, Strawberry, Coconut Oat Milk

#### Green Monster 6.50

Cucumber, Pineapple, Kale, Banana Honey, Oat Milk

#### Acai Purple Immunity 6.50

Acai, Banana, Pineapple, Orange Juice, Ginger, Agave

#### **Flatbread**

- Margherita 12
  Fresh Mozzarella, Tomato, Basil Pesto
- Pepperoni 14

Roasted Tomato Puree, Fresh Mozzarella, Pepperoni

Meatball Flatbread 14

House Made Meatballs
House Made Tomato Sauce
Fresh Mozzarella

#### Soup

Chicken Corn Chowder 5



	12oz	160z	20oz
Café Americano	3.75	4.25	6.50
	10 cals	15 cals	25 cals
Cappuccino	4.50	5.00	7.50
	90 cals	120 cals	150 cals
Café Latte	4.50	5.00	7.50
	150 cals	190 cals	230 cals
Café Mocha	4.50	5.00	7.50
	230 cals	290 cals	350 cals
Caramel Macchiato	4.50	5.00	7.50
	190 cals	250 cals	310 cals
Cold Brew	4.50	5.00	5.50
	5 cals	5 cals	5 cals
Masala Chai Latte	4.50	5.00	5.50
	210 cals	230 cals	250 cals
Drip Coffee	3.50	4.00	4.50
Atomic House Blend Diesel Dark Roast	0 cals	0 cals	0 cals

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# CANTEEN

6/23 – 6/27

#### Panini/Deli

#### Southwest Chicken Bacon Ranch 10

Southwest Chicken, Bacon, Ranch Provolone, Avocado, Mix Green

#### Caprese Sandwich 9

Fresh Mozzarella, Pesto, Herb Roasted Tomato, EVOO, Balsamic Glaze

#### **Smoked Turkey Reuben 10**

Smoked Turkey, Swiss, Thousand Island House Sauerkraut

#### Salad/Grain Bowls

#### Antipasto 13

Mixed Green, Capicolla, Pepperoni Ham, Piquillo Pepper, Kalamata Olive, Cherry Tomato, Pepperoncini Red Onion, Fresh Mozzarella

#### Teriyaki Chicken Poke Bowl 13

Mixed Greens, Teriyaki Roasted Chicken, Farro, Pickled Red Onion Cucumber, Edamame, Carrot, Pineapple, Sesame Seed, Sriracha Aioli

#### **Waldorf Salad 13**

Mixed Greens, Broccoli, Apples Grapes, Craisins, Crumbled Blue Cheese, Sunflower seed, Black Forest Ham, Maple Dressing

#### Roasted Corn Farro Salad 10

Mixed Green, Roasted Corn, Farro Piquillo Pepper, Cucumber, Avocado Heirloom Cherry Tomato, Cilantro

#### **Smoothies**

**Build Your Own** 

A variety of options to create your own custom smoothie see our menu display for details

#### **House Specialty Smoothies**

#### Canteen Cooler 6.50

Peach, Banana, Strawberry, Coconut Oat Milk

#### Green Monster 6.50

Cucumber, Pineapple, Kale, Banana Honey, Oat Milk

#### Acai Purple Immunity 6.50

Acai, Banana, Pineapple, Orange Juice, Ginger, Agave

#### **Flatbread**

- Margherita 12
   Fresh Mozzarella, Tomato, Basil Pesto
- Pepperoni 14

Roasted Tomato Puree, Fresh Mozzarella, Pepperoni

• BBQ Chicken 15

Buffalo Chicken, Buffalo Sauce Arugula, Blue Cheese crumble, Pickled Carrot

#### Soup

Vegetable Orzo 5



	12oz	16oz	20oz
Café Americano	3.75	4.25	6.50
	10 cals	15 cals	25 cals
Cappuccino	4.50	5.00	7.50
	90 cals	120 cals	150 cals
Café Latte	4.50	5.00	7.50
	150 cals	190 cals	230 cals
Café Mocha	4.50	5.00	7.50
	230 cals	290 cals	350 cals
Caramel Macchiato	4.50	5.00	7.50
	190 cals	250 cals	310 cals
Cold Brew	4.50	5.00	5.50
	5 cals	5 cals	5 cals
Masala Chai Latte	4.50	5.00	5.50
	210 cals	230 cals	250 cals
Drip Coffee	3.50	4.00	4.50
Atomic House Blend Diesel Dark Roast	0 cals	0 cals	0 cals

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# CANTEEN

6/30 - 7/4

#### Panini/Deli

#### Pesto Chicken Panini 10

Herb Roasted Chicken, Fresh Mozzarella, Herb Roasted Tomato Basil Pesto, Balsamic Glaze

#### Roasted Balsamic Eggplant 9

Roasted Eggplant, Roasted Portobello Herb Roasted Tomato, Mozzarella Pesto, Balsamic Glaze

#### Hot Ham Panini 10

Black Forest Ham, Capicolla, Chipotle Aioli, Herb Roasted Tomato, Mixed Green, Pepperjack

#### Salad/Grain Bowls

#### Chicken Caesar 13

Romaine, House Croutons, Herb Roasted Chicken

#### Apple Salad 10

Mixed Greens, Arugula, Apple, Craisin Grapes, Blue Cheese Crumble Strawberries, Sunflower Seed

#### **Turkey Cobb 13**

Mixed Greens, Tomato, Cucumber Avocado, Blue Cheese Crumble Smoked Turkey, Bacon Hard Boiled Egg

#### **Greek Salad 10**

Romaine, Cherry Tomato, Cucumber Kalamata Olive, Red Onion, Feta pepperoncini

#### **Smoothies**

**Build Your Own** 

A variety of options to create your own custom smoothie see our menu display for details

#### **House Specialty Smoothies**

#### Canteen Cooler 6.50

Peach, Banana, Strawberry, Coconut Oat Milk

#### Green Monster 6.50

Cucumber, Pineapple, Kale, Banana Honey, Oat Milk

#### Acai Purple Immunity 6.50

Acai, Banana, Pineapple, Orange Juice, Ginger, Agave

#### **Flatbread**

- Margherita 12
   Fresh Mozzarella, Tomato, Basil Pesto
- Pepperoni 14

Roasted Tomato Puree, Fresh Mozzarella, Pepperoni

• Buffalo Chicken 14

Roasted Buffalo Chicken, Mozzarella Buffalo Sauce

#### Soup

• Butternut 5